

## Clear Package

**Philosophy:** If we consistently push the ball upfield we will create transitional offense opportunities by wearing our opponent down physically and mentally.

### Goals

- 1) Create offensive opportunities
- 2) Control the tempo of the game.

### Basic Rules

- 1) Look to push the ball upfield
  - a) Goalie looks to hit a home run right off the save
  - b) Shooters man breaks
- 2) Close defensemen stay flat with the goalie
- 3) Work the ball to the middies
- 4) Head man the ball, do not carry it
- 5) Use the box to our advantage
- 6) Middies work back to cage if needed.
- 7) Stay onside – **the far side midfielder stays back**
- 8) Flow into offense

### Attack Rules

- 1) Wing attack (A<sub>2</sub> and A<sub>3</sub>) should stay spread to outside and available for long passes from goalie or defense. They can also break toward midfield in needed.
- 2) Crease attack (A<sub>1</sub>) should be moving within crease area looking to free himself.

### **Points of Emphasis “TEAS”**

#### **T Transition**

- A. First look is where the shot came from
- B. Second look is opposite side high
- C. Third look low outlet (run the clear)
- D. Fourth look is goalie steps out of the back of the cage

#### **E Exploit**

- A. You have man advantage – use it
- B. Look to transition and gain numbers
- C. Find 2 v 1 and exploit it

#### **A Anticipate**

- A. Recognize the ride and know where to steer the ball
- B. Read the ball
  - a. Look, See, Anticipate – decide offball what to do next
- C. Create options – make the clear less predictable
- D. Move the ball in the air
  - a. Short passes and head man the ball
- E. Roll away from pressure – look backward if necessary

#### **S Stretch the field**

- A. Stay spread in formation
- B. Maintain clear passing lanes
- C. Backline clearers stay even to ahead of the ball

### **Unsettled Clears**

These situations present themselves off of saves, forced errors and unforced turnovers in our defensive end. On clears initiated by our goalie we always look for the fast break opportunity first. Anticipation by each defender to see a shot, anticipate a save and realize that he could become the immediate upfield outlet is the key to the fast break occurring.

We should always be pushing up field to anticipate an outlet. A general rule of thumb is to break upfield and then look to the sideline if you do not get the pass. Our close defensemen break to the sideline in a banana type break so as to clear away from the attackmen. Our crease defensemen holds in the DOT area as a safety against a clearing turnover.

Our goalie must learn to see the field and evaluate the clear before throwing an outlet. We try at all cost to avoid sending two or more players to the same area of the field. Midfielders should base their breakouts on those upfield from them to avoid overloading an area. See break out pattern below.

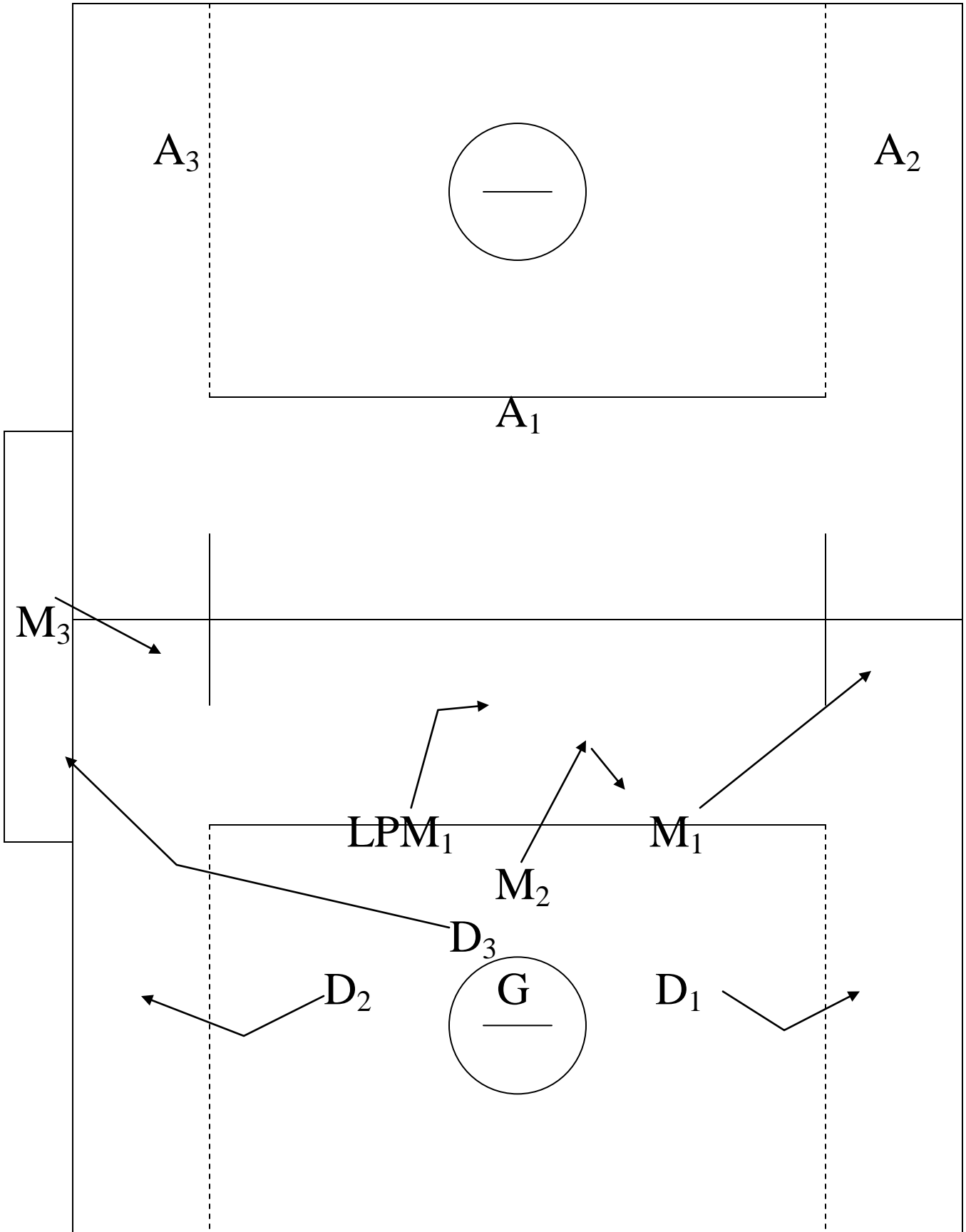
### **Settled Clears**

These situations present themselves off of sideline turnovers, end line turnovers and whistles. On situations where we are clearing from the end line or behind the restraining line a close defensemen (unless we are in Colorado) should pick up the ball. We should always be pushing up field to anticipate an outlet so the first look is always upfield to a breaking middle or a middle subbing in from the box. If neither of these options are open then go back to your goalie or redirect to the far side close defensemen.

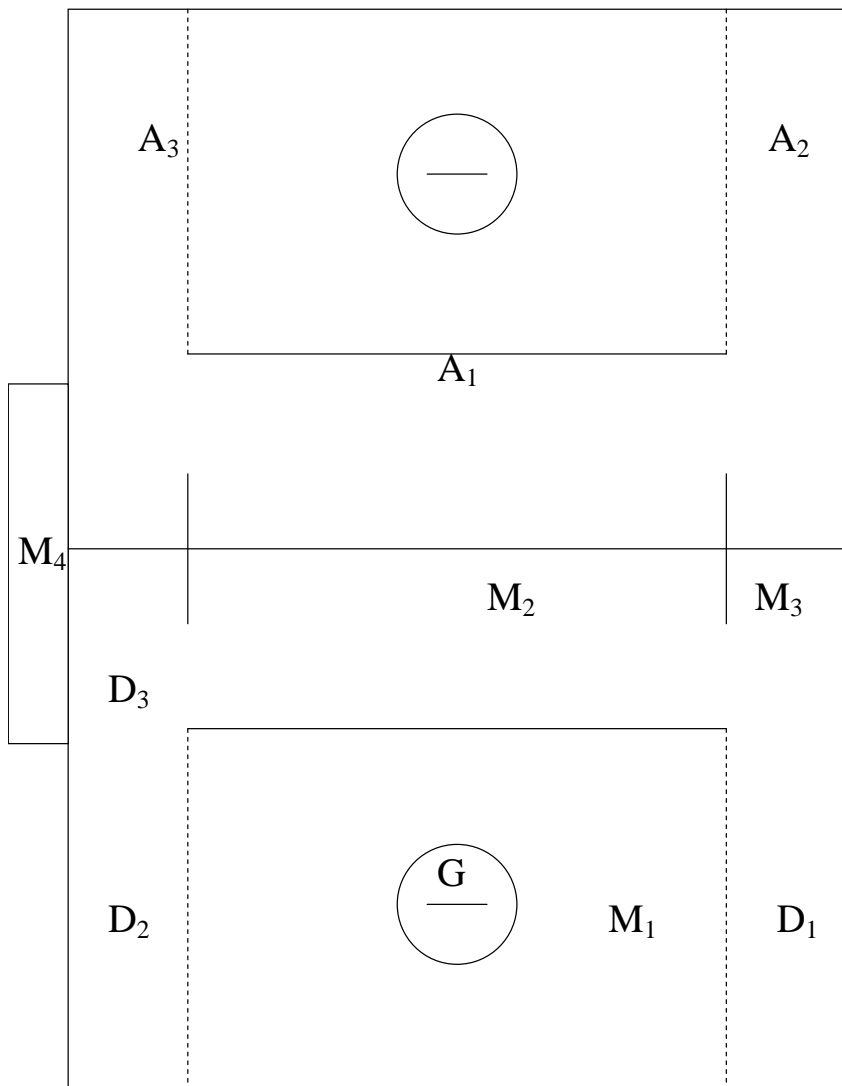
On situations where we are clearing from the sideline or in front of the restraining line a midfielder should pick up the ball. If we are clearing from a sideline (Mississippi) the clearing middle should look to the far side restraining line for a fast break pass then back to the goalie.

**Key:** The two down close defensemen ( $D_1$  and  $D_2$ ) should always stay even with their goaltender and not get caught creeping upfield.

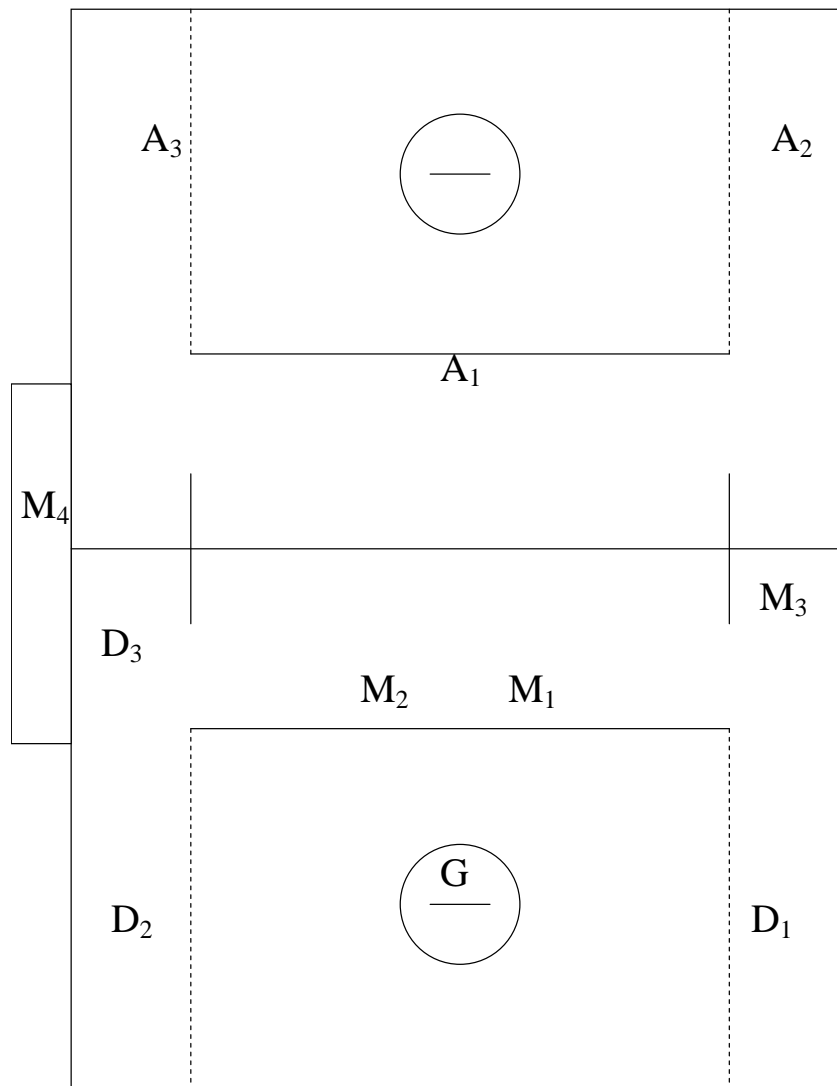
# Breakout Pattern



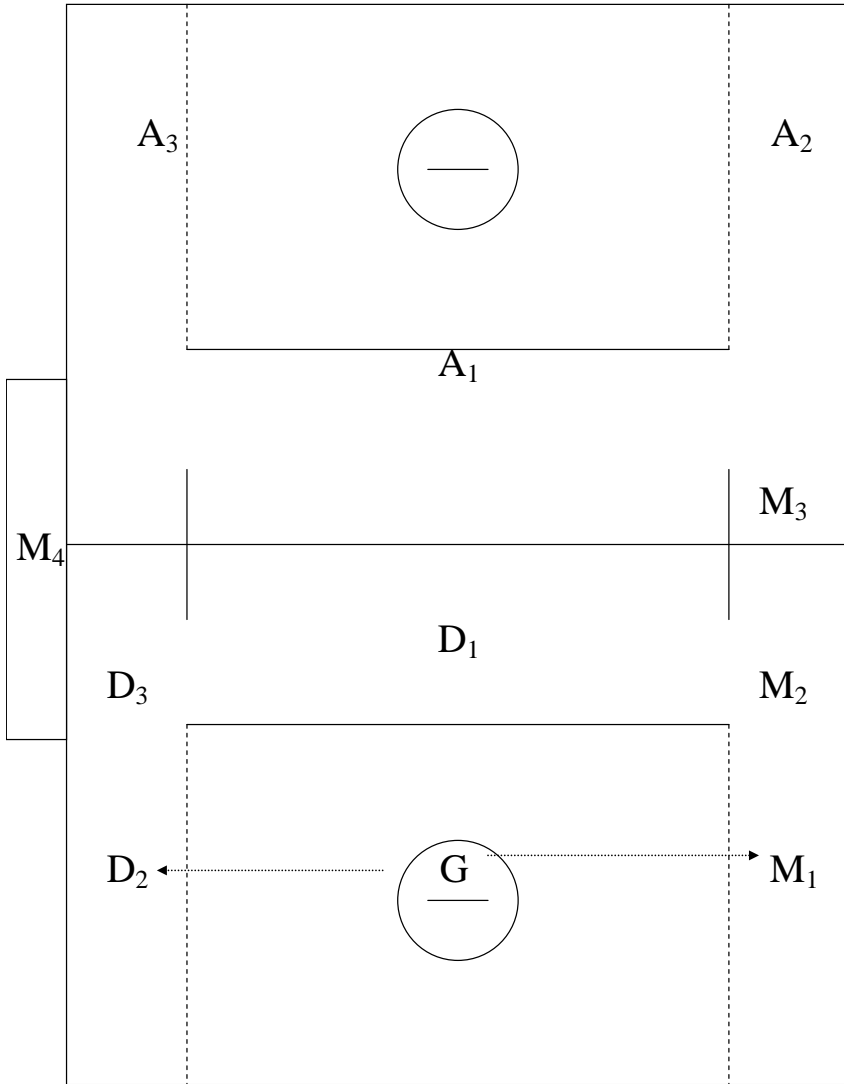
Colorado Clear



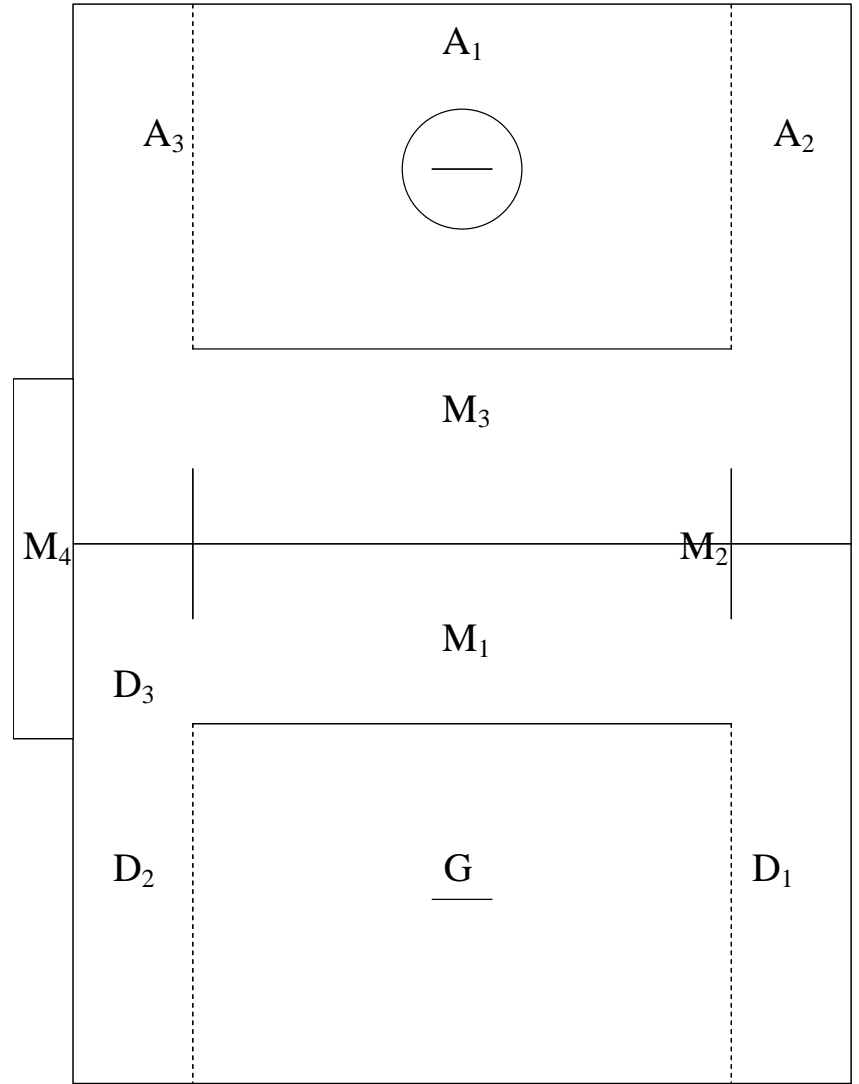
Delaware Clear



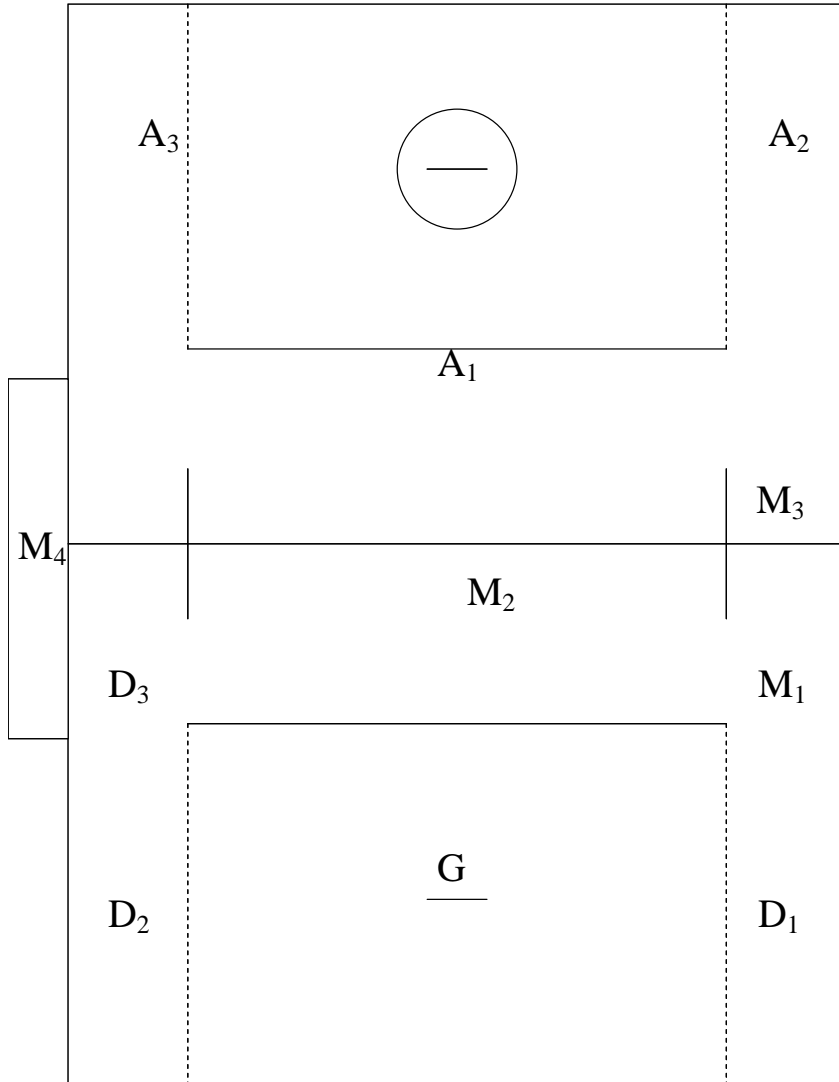
Mississippi



Texas Clear



**Oregon Clear**



**Kansas Clear (Man Down)**

Settled MDD clear that can create offensive opportunities. D<sub>1</sub> starts with the ball and looks for M<sub>1</sub> breaking to him on the whistle or for M<sub>2</sub> in the crease. LPM breaks across midfield to free M<sub>1</sub> then subs out for M<sub>3</sub> who is looking to break. If ball on box side move M<sub>1</sub> to center.

