

# Girls Winter Skills Sessions

## Dodging / Finishing

- Mondays at CAPS (Valley View) - [2025-2026 Winter Skills Sessions - Dodging and Finishing \(CAPS\)](#)
- Tuesdays at Edge (Twinsburg), - [2025-2026 Winter Skills Sessions - Dodging and Finishing \(EDGE\)](#)
- Tuesdays at N. Olmsted - [2025-2026 Winter Skills Sessions - Dodging and Finishing \(N. Olmsted\)](#)
- Tuesdays at HOF Fitness (Canton) -- [2025-2026 Winter Skills Sessions - Dodging and Finishing \(HOF\)](#)

## Goalies

- Mondays at CAPS (Valley View) [2025-2026 Winter Skills Sessions - Goalies \(CAPS\)](#)
- Tuesdays at Edge (Twinsburg), [2025-2026 Winter Skills Sessions - Goalies \(EDGE\)](#)
- Tuesdays at N. Olmsted - [2025-2026 Winter Skills Sessions - Goalies \(N. Olmsted\)](#)
- Tuesdays at HOF Fitness (Canton) – [2025-2026 Winter Skills Sessions - Goalies \(HOF Fitness\)](#)
- Wednesdays at Pinnacle - [2025-2026 Winter Skills Sessions - Goalies \(Pinnacle\)](#)